

UNIVERSITÉ CAEN NORMANDIE

## CARING FOR YOUR HEALTH

LISTENING | COUNSELING
PREVENTING

47 AVENUE DE BRUXELLES · 14032 CAEN CEDEX 5 · TEL: 02.31.56.52.30 · SUMPPS@UNICAEN.FR

#### **FOR EVERY STUDENTS**

The SUMPPS is your health reference on campus...



#### IT IS A PLACE:

- to be welcomed
- to be listened to
- to be counseled
- to be informed

- for orientation
- for advises and health promotion



## YOU WILL BE WELCOMED BY HEALTH PROFESSIONALS:

doctors, nurses, social workers, psychologists, administrative staff...



#### THE SUMPPS OFFERS:

#### A preventive medical check-up:

- to guide you through the French healthcare system
- to check your vaccination records
- to prescribe, if necessary, a free chest
   X-ray to prevent tuberculosis



- This preventive check-up is conducted by a practitioner under strict professional confidentiality
- It is entirely <u>free of charges</u>
- you can make an online appointment at www.unicaen.fr/vm



#### YOU CAN ALSO FIND:

- assistance to manage <u>stress</u>, anxiety and mental suffering
- assistance regarding birth control, gynecological issues and STI/STDs
- guidance and follow-up on <u>nutrition</u> and physical activities



 councelling in case of <u>social difficulties</u> related to a health issue

• <u>first-aid</u> training (fee paying, French proficiency required)



### IF YOU SUFFER FROM <u>A PERMANENT OR</u> TEMPORARY DISABILITY:

You can benefit from <u>academic and/or exams'</u> <u>accommodations</u>.

To do so, you must take an online appointment at

https://gest.unicaen.fr/rdv sco/etudiant/sumpps2.php



### **HOWEVER, IN CASE OF HILLNESS:**

- the SUMPPS doesn't provide medical exams
- make sure to have <u>valid Healthcare plan</u> and a <u>referring practitioner</u>
- our staff can provide assistance in finding a GP or a specialist (dentist, ophtalmologist...)

#### WHERE TO FIND US?

Monday through Friday 8.30 am to 5 pm

47 avenue de Bruxelles CS 14032 14032 CAEN Cedex 5 near Vissol building





#### **HOW TO CONTACT US?**

Tel.: 02 31 56 52 30

sumpps@unicaen.fr

http://vie-etudiante.unicaen.fr/sante-handicap/

